

TIMBER RIDGE Living



Inside

MOVE INTO
A WORLD OF
POSSIBILITIES.

FEELS LIKE
HOME.

A SMART
PLAN FOR
THE FUTURE.



“I didn’t just want to move into a condo. I wanted to have the social part of it and the medical part of it.”

Edwina Bassett, Timber Ridge resident



To learn about the social and wellness benefits of living at Timber Ridge, call us at 425.270.8926 or visit TimberRidgeLCS.com to schedule a personal visit.

DOWNSIZE TO LIVE BIG.

A maintenance-free Life Plan Community like Timber Ridge at Talus frees you from the chores of homeownership – replacing the roof, mowing the lawn or even finding a plumber – giving you more time to socialize and follow new interests while giving you a smart plan for the future with *LifeCare*®.

When Edwina Bassett weighed her senior living choices, Timber Ridge just felt right. Even though she downsized from a 3,000-square-foot house to a 1,028-square-foot two-bedroom apartment home, her life has become bigger than she ever imagined. “It’s a very active, young community. That’s one of the things that makes it so attractive. It’s vibrant.”

The benefits of Edwina’s move quickly became apparent to her entire family. “Every time I see my kids, they tell me I act and look younger to them. I think being here helps keep me young. I couldn’t have done all this living at home.”



DID YOU KNOW?

Research shows living at an independent living community increases your likelihood of making new friends, trying new things and living a more satisfying life.* People over 65 with an active social life also have a slower rate of memory decline.**

*Independent Living Report by the ProMatura Group, LLC
**Harvard School of Public Health

From 3,000 square feet to a world of opportunity.

Edwina and her husband, George, moved to Washington from Michigan after he finished law school in 1969. They were living in a 3,000-square-foot house in Sammamish when he passed away five years ago. “I loved my house and my neighborhood. But I was paying more and more for the upkeep on the house.”

Now Edwina has a 1,028-square-foot two-bedroom apartment home at Timber Ridge, and no longer has to worry about all the upkeep and maintenance of a large house. She also has more time to spend with loved ones and pursue all her other interests. Her three children – two live in Sammamish and one lives in Ballard – are thrilled she’s at Timber Ridge. Edwina says, “I feel like I’m on a permanent vacation.”

The Candy Card Club.

Living at Timber Ridge keeps Edwina close to family. “I have 5 granddaughters. I call them my Grandgirls and they call me ‘Babcia’ (Polish for Grandma). We play a lot of games and even have a card club that the Grandgirls call the Candy Card Club.”



One move covers it all.

“I have a friend whose mom is 104, and they didn’t choose a *LifeCare* community like Timber Ridge. Anytime something happens, they have to take her someplace that has availability. She’s had to move a number of times. I don’t want that.

I don’t want my kids to have to figure out who’s going to come over and take care of me.” With independent living plus assisted living, memory care, skilled nursing and rehabilitation all available on site, Edwina knew, “It was everything I wanted.”



Laughing is exercise too.

Edwina is an avid swimmer, using the indoor pool several times a week. “I really love the pool. It’s great for exercising. Tuesdays and Thursdays I do water aerobics for an hour. But before that class, we have 11 people who play water volleyball. It’s just an hour of laughing.”



From the first moment,
Timber Ridge just felt like home.

After narrowing her choices down to a handful of senior living communities, Edwina visited Timber Ridge with her daughter Emily. “We walked into the lobby and knew it was the place to be. Emily said, ‘Mom, you could live here.’ And I said, ‘I’d love to call this place home.’ My Grandgirls think I live in a hotel. When they come to spend the night, we swim, eat in the café, get milkshakes and play cards.”

Now that she’s lived here for almost two years, Edwina sums up her lifestyle this way: “I don’t have to worry about who’s going to do the windows or take care of the yard. I’ve gained independence. I feel like there’s lots of stuff to do. Am I going to see a movie in our in-house auditorium? Am I going to the pool? Am I walking with the walking group? The choice is mine.”

“I love my apartment.”

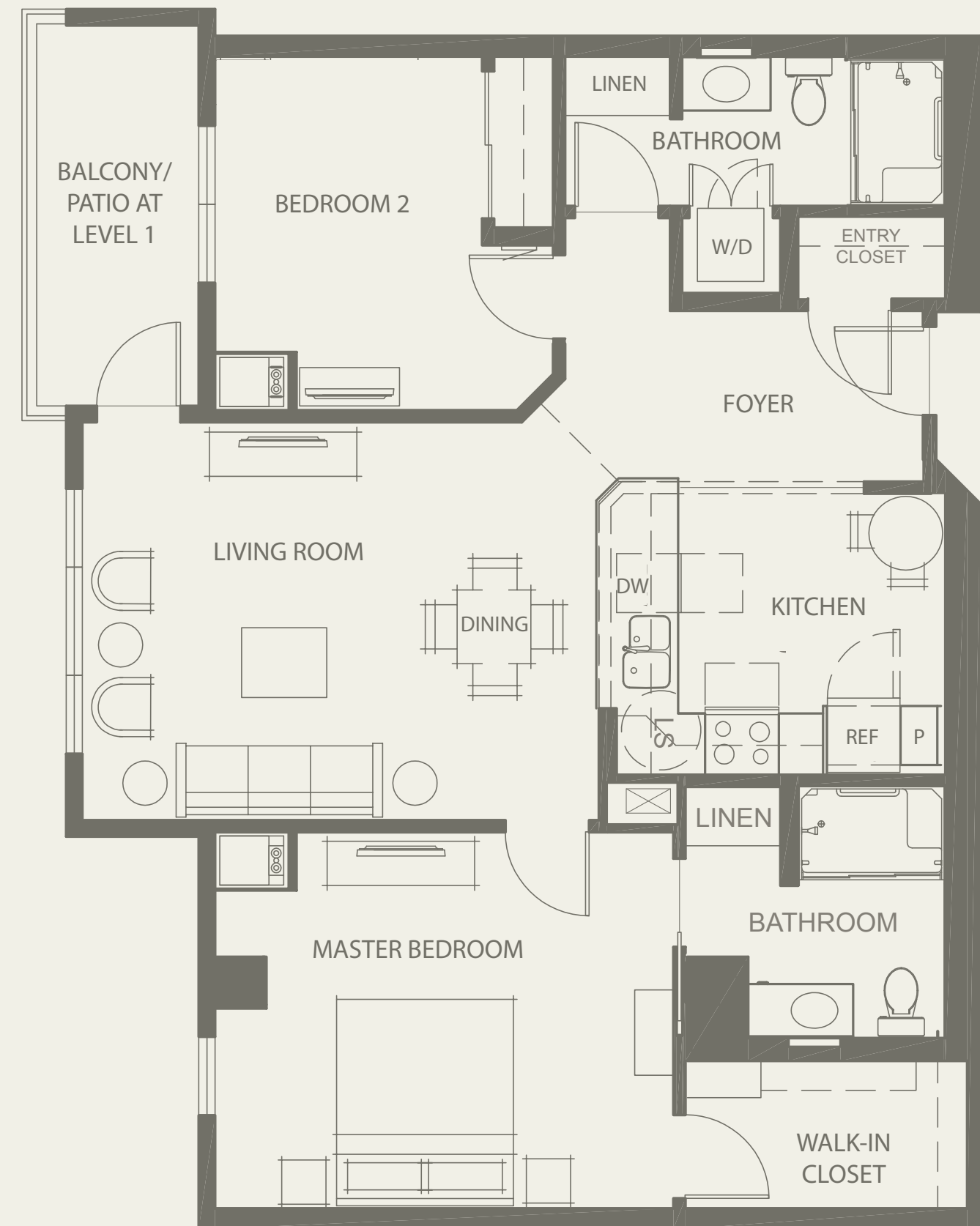
Before she moved in, Edwina renovated her apartment’s kitchen and extended the countertop. “The family is always in the kitchen cooking together. When the Grandgirls come over to help me bake cookies, we have plenty of room for frosting and sprinkles.”

MAKING THE MOVE.

When you’re ready to make the move to Timber Ridge, our Pathways to Residency program can help you with everything from downsizing and logistics to providing emotional support.



The Silver Fir II (2 BEDROOM — 1,028 Sq. Ft.)



SEE FOR YOURSELF WHAT TIMBER RIDGE LIVING IS ALL ABOUT.


Call 425.427.2929 or go to TimberRidgeLCS.com to schedule a visit.



TIMBER RIDGE
AT TALUS

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